

**Arnis Balite Seminar**  
October 3, 2007  
Karate Quest  
Ferndale, Washington

Filipino Martial Arts Digest Publisher and Punong Guro at Tagapagmana Steven Dowd, does the first Karate Quest Seminar!

We have had a lot of excitement at the school since it opened just about three weeks ago. Well as if getting open and getting going wasn't exciting enough we were treated to a special visit by Punong Guro Steven Dowd who not only is the Publisher of the FMAdigest, but is also the current Inheritor of Arnis Balite. While the Karate Quest school; is brand new, with many students that have little or no martial arts training prior to joining Karate Quest as well as a handful of seasoned martial artist, Punong Guro Dowd taught a fantastic seminar covering the basics of Arnis Balite involving into the basic application of Huli Lusob.

Punong Guro Dowd learned about Karate Quest through our own Mr. Pat Armijo who is the senior most Modern Arnis instructor in the region having trained under Master Remy Presas and Remy Presas Jr. However, with Mr. Armijo's eclectic background as an advanced black-belt in Kenpo Karate among other arts he is always on the lookout for things that other accomplished martial artist are doing that he can learn from. That said, over the years Punong Guro Dowd and Mr. Armijo have struck up a friendship that continues to grow with the arts.



Guro Patrick Armijo, Mick Jolly  
Punong Guro Steven Dowd





[karatequest.wordpress.com](http://karatequest.wordpress.com)

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